



### **DINNER MENUS**

- Roast Beef - Selection of Fresh Vegetables, Potatoes, Gravy
- Roast Chicken - Selection of Fresh Vegetables, Potatoes, Gravy/White Sauce
- Roast Pork - Selection of Fresh Vegetables, Potatoes, Gravy
- Roast Lamb - Selection of Fresh Vegetables, Potatoes, Gravy
- Boiled Bacon - Selection of Fresh Vegetables, Potatoes, Gravy /Parsley Sauce
- Beef Stew - Chicken Curry/ Casserole
- Shepherd's Pie - Spaghetti Bolognese - Lasagne
- Fish Fingers / Sausages / Chicken Nuggets / Pizza/ Beef Burgers
- Rice / Chips - Beans / Spaghetti

### **WEEKLY MENU**

From the selection above there are two options chosen per week with potatoes, one option including pasta, one option with rice and one with chips

### **SAMPLE OF DESSERT MENUS**

- Ice-Cream & Jelly - Bread & Butter Pudding
- Stewed Apples & Custard - Trifle - Cadbury's Flake & Ice-Cream
- Rice Pudding - Rice Krispie Cakes

### **MID-MORNING SNACK**

Orange / Milk - Plain Biscuits - Variety of Fresh Fruit

### **AFTERNOON TEA**

Sandwiches - Ham - Banana - Luncheon Roll - Cheese - Chocolate Spread - Fresh Fruit